

Match day agenda

Date: July 23, 2026

Timeline

12:30 – 13:00 Team Arrival at Stadium

The team bus arrives at the stadium entrance. Players and coaching staff head straight to the main locker room.

Location: Stadium Players Entrance

13:00 – 13:40 Pre-Match Snack and Nutrition

Players receive light meal options and hydration supplements to ensure peak energy levels before the match.

Location: Stadium Dining Lounge

13:45 – 14:10 Tactical Team Talk

Head coach presents the starting lineup and reviews tactical strategies for the upcoming fixture.

Location: Home Dressing Room

14:15 – 14:45 On-Pitch Warm-Up

The squad steps onto the pitch for physical warm-ups, ball drills, and goalkeeper practice.

Location: Main Pitch

14:45 – 14:55 Final Dressing Room Preparation

Players put on match jerseys and receive final motivational words from the team captain.

Location: Home Dressing Room

15:00 – 15:45 Match First Half

Referee blows the whistle to start the first half of the match.

Location: Main Pitch

15:45 – 16:00 Half-Time Analysis

Coaches review first-half performance data and deliver necessary strategic adjustments.

Location: Home Dressing Room

16:00 – 16:50 Match Second Half

Action resumes for the second half including extra stoppage time.

Location: Main Pitch

17:05 – 17:30 Post-Match Press Conference

Head coach and key players answer questions from accredited media representatives.

Location: Press Conference Room

17:30 – 18:00 Player Recovery and Showers

Squad completes cool-down stretches, ice baths, and shower routines post-match.

Location: Home Dressing Room

18:15 – 19:15 Post-Match Hospitality Dinner

Players, coaches, and sponsors gather for a post-match dinner to debrief and unwind.

Location: Executive Suite Lounge

19:15 – 19:30 Player of the Match Presentation

Award presentation recognizing the outstanding player of today's fixture.

Location: Executive Suite Lounge